

## Abstract

This thesis was written within the context of the Nautical Sciences programme. It deals with the implementation of the **TEAMS** project in the subject of Shipping Operations at the Antwerp Maritime Academy. This is realised by adapting the subject unit to the TEAMS project based on the Team concept of the Team Academy, part of JAMK (University of Applied Sciences). The first part of this thesis discusses the theoretical models available to implement within this project: how it can be applied in the maritime world using the TEAMS Blueprint and how it applies to the Antwerp Maritime Academy.

Subsequently, soft skill analyses and surveys were used to examine how the project progressed and how the students experienced it.